

KTBW Seattle

Manager's Report October 2016

Thank you for all your wonderful programs.
I am so blessed. I sleep at night with TBN.
The Word and all the anointings
minister to my spirit while I sleep.
I have peace and wellness. Thank you.

— Edmonds WA

“Soup Ladies” heal tummies & hearts

First responders are on the front lines of disasters, such as hurricanes, tornadoes, earthquakes, school shootings—the list goes on and on. And so do the things first responders see, disaster after disaster, until they can't hold it in any more. They work 12 hour days with no food or drink and no emotional support. This is where the “Soup Ladies” come in.



They prepare hot home cooked meals for first responders



in the restricted areas where no one else can go. They also pray for first responders, listen to them, cry with them, and hug them.

Ginger Passarelli, founder of the Soup Ladies, challenged viewers of KTBW's *Joy in Our Town* program that we are all first responders. All of us are missionaries. We can't just sit back in our recliners. We must ask God, “Where do You want me to go? What do you want me to do?”



Ginger Passarelli (L) is interviewed by Debrina Jackson Gandy.



Churches are beginning to see the importance of in-house medical teams. Paula Despars, leader of El Shaddai Ministries' new medical team, told KTBW viewers that medical emergencies can happen at any time and that churches need to be prepared for any emergency, from band-aids to heart attacks to shootings.

“The congregation is comforted by knowing that we are there,” she said. “We don't want to be too obvious, but we want to be close by if we are needed.”



“What do we define as food?” Just because it's in the store, doesn't mean it's good for you.”



Plant-based nutritionist Sahsha Campbell Garbutt said on a recent edition of KTBW's *Joy in Our Town* that we should stay away from processed foods, sugar, and white flour.

“You can substitute whole wheat or coconut, or even almond flours for white flour. If you need sweetness, add honey, or eat apples, dates, prunes, mangoes, or bananas.”

Interviewed by KTBW's Tanny Jackson, Sahsha said that you should start your day with fruits or vegetables. “Blend them into a smoothie. Delicious!”

Before & After—Fall Job and Internship Fair at University of Washington



BEFORE



AFTER

KTBW's Station Manager, George Pettingell, and Assistant Engineer, Greg Fredericksen, attended the "Fall Job & Internship Fair" at the University of Washington's Bothell campus. Over 60 businesses showcased their job opportunities. The event attracted more students than any job fair KTBW has ever attended. The response to KTBW's table was also the most we've ever had.

The photo on the Left shows KTBW's table before students were allowed to enter. Behind the table students are lining up outside. Pictured on the Left, students thronged the huge room, hiding KTBW's table which is somewhere next to the windows.

Elementary School Students Make Over 300 Sandwiches for the Homeless



Students from Cascade Christian Schools and some of their parents made sandwiches for the homeless at our KTBW studio. All students at the schools are required to perform community service as part of their class work. Pictured above, these students made over 300 sandwiches which were distributed to the homeless through local churches.

KTBW—TV20

Serving the 4 million people who live in Washington's Puget Sound Region

